



Brisbane Kung Fu

Wu Zen Dao *The Way of Martial Art Zen*



GROUP CLASSES AVAILABLE

MacGregor

Drama Room P001, MacGregor State High School, Blackwattle Street, MacGregor.

Monday 6-8pm	Shaolin / Weapons	Shifu Peter Natalier
Monday 6-8pm	Tai Ji / Qi Gong	Shifu Kevin The
Monday 6-8pm	Xing Yi	Shifu Chris Fanning
Friday 6-8pm	Shaolin / Weapons	Shigong Jason King
Friday 6-8pm	Tai Ji / Qi Gong	Shifu Kevin The
Friday 6-8pm	Xing Yi	Shifu Chris Fanning
Friday 8-9pm	Advanced Class	Shigong Jason King



Saturday Session 1: 9 - 10.30 am	Shaolin Kids	Shijie N-J Price
Saturday Session 2: 10.30 - 12 pm	Shaolin Kids	Shijie N-J Price

PERSONAL TRAINING / PRIVATE TUITION AVAILABLE

Logan

Shigong Jason King

Weekdays (M to F)	Available by appointment
Evenings (T, W, Th)	Available by appointment
Saturdays (8am – 2pm)	Available by appointment



Training available in the following disciplines:

- Shaolin Kung Fu
 - Tai Ji
 - Qi Gong
 - General Fitness
 - Weapons
 - Stage Combat
- Boxing for fitness
 - Stretching
 - Sparring
 - Grappling
 - General fitness

Private tuition is particularly suitable for those who are unable to make regular class times, who prefer one on one training to group classes, or are looking for specialised training.

Private tuition is also good for students who are making up for missed lessons, preparing for tournaments, or applying for a grading.